

26.6.2019

### Degree Programme in Physiotheraphy

# **DEGREE REQUIREMENTS**

The learning outcomes of the core competence modules describe the required competence that the student must achieve in order to complete the degree. The degree requirements include language studies, which are to be completed, according to instructions, as part of the core competence studies. Finnish Students are also required to demonstrate their proficiency in both national languages (Finnish and Swedish) and in English, as part of the core competence of the degree. In addition, Finnish students must obtain the proficiency in the second national language (Swedish or Finnish) required of personnel in the service of public bodies. Apart from the core competence modules, students complete complementary studies to reach the required scope of the degree.

#### DEGREE REQUIREMENTS REGARDING CORE COMPETENCE

The scope of core competence is 180 credits. The following learning outcomes have been specified for core competence in each module:

### 1) Encountering the Client and Providing Guidance (30 cr)

The objective of the module is to develop skills in encountering and providing guidance to physiotherapy clients. After completing the module, students are able to describe the tasks, position and significance of physiotherapy in society, in working life and internationally. They are able to act in a client-oriented and ethical manner while respecting the client. They have the knowledge to the basics of physiotherapeutic guidance and consultation and apply them in a client-oriented manner and in line with jointly agreed-upon goals in the individual and group situations of physiotherapy. The student is able to communicate verbally and in writing in English.

# 2) Examining a Client and Clinical Reasoning (30 cr)

The objective of the module is to develop competence required in the client-oriented examination of physiotherapy and in clinical reasoning. After completing the module, students are able to examine and assess the client's individual functional capacity, body functions and structures, activities and restrictions in functioning. They are able to apply the knowledge obtained in the clinical reasoning in physiotherapy and when setting goals for and planning and evaluating physiotherapy.

# 3) Competence in Therapy (30 cr)

The objective of the module is the development of a client-oriented competence in physiotherapy. After completing the module, students are able to combine information obtained through different research and therapy methods and to plan and to provide goal-oriented physiotherapy. They are able to assess the suitability and effects of different therapy methods for different clients. Where necessary, students have the capacity to reassess their chosen therapy methods. The student is able to communicate both orally and in writing with the other national language and will also achieve the level of competence in the other national language required from public servants.

# 4) Applying and Developing Therapy Methods (30 cr)

The objective of the module is to develop competence in applying and developing the methods of physiotherapy. After completing the module, students are able to act and to provide physiotherapy in different environments and networks. When acting in work communities, students apply their knowledge in genuine situations accounting for the work and operating culture of their environment. They critically observe the opportunities of their field in promoting the client's functional capacity and create new practices in physiotherapy.





#### 5) Client-oriented Rehabilitation Services (30 cr)

The objective of the module is competence in the development of client-oriented rehabilitation services. After completing the module, the student is able to apply entrepreneurship and the idea of service design from the point of view of physiotherapy in the development of well-being services. The student is familiar with the possibilities provided by client-oriented digital services in the development of rehabilitation services and is able to apply what he or she has learned to practical development work in a genuine work environment. Having completed the module, the student is able to operate in multidisciplinary rehabilitation networks and apply his or her competence related to management and leadership and the well-being of the work community.

### 6) Expert in Development and Workplace Innovation (30 cr)

The objective of the module is to develop the students' abilities to study individually and in teams, to prepare to carry out research and development work, and to support career development and the creation of a work identity.

At the beginning of their studies students acquire familiarity with the tools required in higher education and the operating methods of development-based learning. After completing the module, students are able to work responsibly both independently and as team members. They are able to assess and develop themselves as learners and are capable of identifying development targets in the workplace.

Students are able to plan, implement and evaluate a project in cooperation with different networks in the workplace. They are able to employ appropriate research methods and the methods of development activities and project work. Students are able to identify creative and innovative solutions for the challenges of workplace development.

Students are able to report the results of their development work using a style of writing characteristic of research. Students are able to plan their studies, development and career with an eye on the development prospects of their own field.

#### DEGREE REQUIREMENTS REGARDING COMPLEMENTARY COMPETENCE

The rest of the degree (30 cr) consists of elective complementary competence studies.

At Laurea we encourage everyone to take part in voluntary work during their studies. The objective is that everyone develops their professional competences during their studies by participating in voluntary work in a role they choose themselves. You can fit voluntary work into any stage of your studies and gain credits.

