DEGREE REQUIREMENTS

The learning outcomes of the core competence modules describe the required competence that the student must achieve in order to complete the degree. The degree requirements include language studies, which are to be completed, according to instructions, as part of the core competence studies. Finnish Students are also required to demonstrate their proficiency in both national languages (Finnish and Swedish) and in English, as part of the core competence of the degree. In addition, Finnish students must obtain the proficiency in the second national language (Swedish or Finnish) required of personnel in the service of public bodies. Apart from the core competence modules, students complete complementary studies to reach the required scope of the degree.

DEGREE REQUIREMENTS REGARDING CORE COMPETENCE

The scope of core competence is 210 credits. The following learning outcomes have been specified for core competence in each module:

1) **The Basics of Nursing Care (30 cr)**

The core competence in this module is to build an understanding of the main principles and the basic knowledge of the profession. The aim is that students can plan, implement and evaluate evidence-based nursing in their clients' daily activities. Having completed this module, students can apply the principles of holistic care and use their knowledge of health sciences and other related disciplines in caring for the clients. Students have the capacity to analyse their role as nursing professionals and their professional capabilities for team work and functioning in the workplace.

2) **Health Promotion and Nursing of Non-communicable Diseases (30 cr)**

The module's core competence comprises evidence-based health promotion and nursing of patients with long-term/chronic illnesses. Having completed the module, students are able to describe national and global challenges to health and to analyse the ways health can be improved at national and global level. Students are able to plan, implement and evaluate different methods of support and guidance for self-care given to the customer Students can communicate in English both verbally and in writing.

3) **Decision-making in Clinical Nursing (30 cr)**

The module's core competence comprises decision-making in acute care and care relationships with clients who need mental health support.

The aim of the module is for students to learn to apply evidence-based decision making in nursing both independently and as a member of a multidisciplinary team. Having completed the module, students can plan, implement and evaluate nursing of acutely ill patients using multi-disciplinary expertise and evaluate their own actions, and cooperation with the patients and their significant others.

4) **Nursing Care in the Promotion of Client's Participation and Well-being at Different Life Stages (30 cr)**

The core content of the module is evidence-based nursing that promotes clients' participation and well-being at different stages of life. Having completed the module, students can plan, implement and evaluate nursing care of patients at different life stages while taking into consideration the needs arising from the clients' age and cultural background. Students can coordinate the overall care of clients by using shared expertise, and multidisciplinary cooperation and networks. Students will develop a motivation to

provide culturally sensitive care. Students also achieve the level of competence in the other national language required from public servants.

5) Innovative and Effective Nursing (30 cr)

The module focuses on the evaluation and development of the operating environment and services in the social welfare and health care sector as well as on the basics of entrepreneurship in the field of well-being. Students gain the insight needed to understand the funding and finances of social welfare and health care. The goal is to prepare students for work as team coordinators, leaders and developers in their field as well as welfare service providers. After completing the module, the students are able to critically evaluate the significance and impact of their own, their team's and their work community's activities as part of the health care service system and networks, both now and in the future. Students learn to develop and innovate new services, products and work processes. They also strengthen their competence in clinical nursing.

6) Expert in Development and Workplace Innovation (30 cr)

The objective of the module is to develop the students' abilities to study individually and in teams, to prepare to carry out research and development work, and to support career development and the creation of a work identity.

At the beginning of their studies students acquire familiarity with the tools required in higher education and the operating methods of development-based learning. After completing the module, students are able to work responsibly both independently and as team members. They are able to assess and develop themselves as learners and are capable of identifying development targets in the workplace.

Students are able to plan, implement and evaluate a project in cooperation with different networks in the workplace. They are able to employ appropriate research methods and the methods of development activities and project work. Students are able to identify creative and innovative solutions for the challenges of workplace development.

Students are able to report the results of their development work using a style of writing characteristic of research. Students are able to plan their studies, development and career with an eye on the development prospects of their own field.

DEGREE REQUIREMENTS REGARDING COMPLEMENTARY COMPETENCE

The rest of the degree (30 cr) consists of elective complementary competence studies.

At Laurea we encourage everyone to take part in voluntary work during their studies. The objective is that everyone develops their professional competences during their studies by participating in voluntary work in a role they choose themselves. You can fit voluntary work into any stage of your studies and gain credits.